



### Pupil Follow Up System

The Pupil Follow-Up System is used as an addition to the programme. Parents can participate in this system. Advice is given on well-being and management of behaviour problems.

This is what we do	We don't do this
at school and everywhere else	not at school or anywhere
me	engine
the class	the class
the teacher	the teacher
mum/dad	mum/dad

By choosing this school for your child, you are choosing a school that focuses on children's, teachers', school managers' and parents' positive intentions and efforts to behave respectfully. When social problems arise, we address them calmly and respectfully, trusting that the other person meant well.



# For Trust, Mutual Respect and a Safe School Environment

**The Topper rules apply to everyone associated with the school.**

**The Topper training** teaches children to respect themselves, each other and their school. If problems arise, parents and teachers are expected to find solutions that benefit everyone. They are expected to set a good example, and not act out of irritation, fear or cynicism.



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At our school, we use Topper training.  
This folder provides information on the  
content of this training and how we use it in  
the classroom. Please refer to the website  
for more information [www.kanjertraining.nl](http://www.kanjertraining.nl)

## Why Topper training?

Children need a school where they can be  
themselves without being made fun of or bullied.  
Topper training teaches children valuable skills  
for social situations. Key aims can be found in the  
text of the Topper Certificate:

- Here I am
- I matter
- I can be trusted
- I am helpful
- I don't boss others around
- I don't make fun of others
- If someone acts mean, I think to myself: "I'll ignore it"
- I act like a Topper, because I am a Topper
- introduce and present themselves
- cope with their own feelings and other people's feelings
- give and receive compliments
- say YES if you like something
- say NO if something is hurtful or annoying
- give your opinion without hurting other people's feelings
- cooperate
- maintain friendships
- ask questions and to show interest
- try to understand others
- give and receive criticism
- have self-confidence
- stop bullying
- quit victim behaviour

How to:

## What do children learn from Topper training?



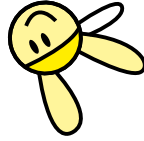
## The four behaviour types in Topper training

Children behave differently in different situations. Most children can be trusted, are friendly, helpful and funny or tough in a good way. But this is not always the case. They can also make fun of each other or become too compliant, hurtful, mean, or threatening. This is explained to the youngest children in the following way:

**The tiger** (White cap) is himself, trustworthy, friendly, helpful, funny and strong in a good way.



**The rabbit** (White & yellow cap) is friendly, polite and sensitive in a good way. Without the white cap, she is scared and withdrawn.



**The monkey** (White & red cap) is cheerful and funny. Without the white cap, he shows off and gives in to peer pressure.



**The bird** (White & blue cap) is a good leader who takes initiative. Without the white cap, he is bossy and provoking, and can start bullying others.



= himself, a Topper  
in other words, a Topper is:  
And you can also say:

